

Rhondda Cynon Taff Children Looked After Team



## Support Line for Foster & Kinship Carers

The CLA Education Team in RCT would like to continue to support parents/carers and families in these challenging times. We recognise that the current situation, including school closures, may be challenging and the concerns around Corona Virus may increase the anxiety of children and families.

We are providing a telephone helpline for any parents/carers of children looked after who feel they would benefit from some guidance to support them with any concerns arising at this time, for them or the children in their care.

Areas of concern you may wish to discuss could include:

- Anxiety around the current situation and its impact on you, your children and family
- Supporting you to support your children's emotional needs
- Concerns about learning, daily structure and activities
- How to best look after yourself
- We may also signpost parents to other relevant services deemed appropriate.

You will be offered an initial telephone call with a member of the CLA Education Team and a potential follow up call (if needed/wanted). This support line is available Mon – Fri, 9am – 12 noon.

If you would like to access this service please email <u>LACreferrals@rctcbc.gov.uk</u>, please include the following information in your email:

- Your name
- Your relationship to the child (e.g. foster carer, kinship carer, etc.)
- A brief description of your concern/what you would like support with
- The telephone number you would like to be contacted on
- The name of your child's school
- Times and dates you are not available for a call

The service, will **as far as possible**, be confidential. We will be following RCT safeguarding procedures

